

October 2011

Dear Parents,

Please read the provided information regarding the importance of **HANDWASHING**. It is imperative that the children enrolled in our Day School, as well as our staff, follow proper handwashing and hygiene practices. Following these procedures at Emmanuel will help to decrease the amount of illnesses spread in our school and we obviously want our children to be healthy! Please read the information below and see me if you have any questions or concerns.

Sincerely,

Sarah Singer

Day School Director

PROTECTING OUR CHILDREN

- PLEASE TAKE YOUR CHILD TO THE RESTROOM IN THE MORNING BEFORE THEY ENTER THE CLASSROOM TO WASH THEIR HANDS.
- PLEASE DISCUSS AND PRACTICE WITH YOUR CHILD AT HOME: WASHING THEIR HANDS COMPLETELY TO THE TUNE OF THE "HAPPY BIRTHDAY" SONG, PROPERLY BLOWING THEIR OWN NOSE WITH A TISSUE, HOW TO COUGH OR SNEEZE INTO THEIR ELBOW AND NOT THEIR HAND, PROPER TOILETING/WIPING THEMSELVES, NOT PLACING TOYS IN THEIR MOUTHS AND NOT TOUCHING OR EATING ANOTHER CHILD'S FOOD.
- ACCORDING TO THE HEALTH DEPARTMENT, SOAP AND WATER ARE THE BEST FOR CLEANING UP. SANITIZER AND WIPES ARE OK WHEN OUTSIDE, IN AN EMERGENCY, ETC., BUT GOOD OLD SOAP AND WATER IS BEST FOR HANDWASHING. ALSO, RUBBING HANDS TOGETHER UNDER RUNNING WATER IS THE MOST IMPORTANT PART OF WASHING AWAY INFECTIOUS GERMS.
- THE EMMANUEL STAFF HAVE BEEN TRAINED TO WASH HANDS AND TO PROPERLY CLEAN AND DISINFECT ENVIRONMENTAL SURFACES, TOYS, ETC. WHEN HANDWASHING WITH CHILDREN: SQUIRT SOAP INTO THE PALM OF THE HAND, PLACE ALL FIVE FINGERTIPS INTO SOAPY PALM AND ROTATE TO CLEAN FINGERTIPS, THEN INTERLOCK FINGERS AND SOAP UP IN BETWEEN FINGERS AND SCRUB BOTH FRONTS AND BACKS OF HANDS, THEN WRISTS. RINSE SOAP OFF WITH WATER. GET A PAPER TOWEL OR TOWEL AND DRY YOUR HANDS, THEN TURN OFF FAUCET WITH THE PAPER TOWEL.

TOP TEN TIMES TO WASH YOUR HANDS

1. Before you eat
2. After you eat
3. After you sneeze, cough or blow your nose
4. After rubbing your eyes
5. After picking your nose (yuck!)
6. After playing outside or with pets
7. After counting your coins
8. After crying
9. After using the bathroom
10. Whenever they're dirty

(From the book "Germs Are Not For Sharing")